



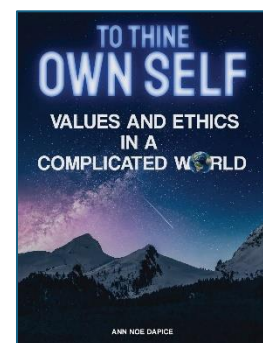
Guest Author Event Series Thursday, October 23, 2025

Thursday 23 October at 5:30p

Penn Alumna **Ann Noe Dapice** discussing:

To Thine Own Self: Values and Ethics in a Complicated World

To Thine Own Self... Values and Ethics in a Complicated World is an insightful, research-informed guide that explores how our understanding of ourselves and others shapes our personal values, ethical behavior, and life decisions. Blending academic research with personal reflection, author Ann Noe Dapice presents a compelling journey into the development of moral thought and action in a world increasingly defined by complexity and uncertainty.



Drawing from psychology, physiology, philosophy, and narrative practice, the book offers readers tools to uncover and analyze unconscious values, resolve internal conflicts, and cultivate self-awareness. By encouraging journaling and the sharing of personal stories, readers are guided to reflect on formative life experiences and how they influence their current ethical framework. Real-life examples and storytelling exercises foster a deeper understanding of the human condition, while scientific theories are translated into accessible concepts that engage both the analytical and emotional mind.

Ideal for readers seeking personal growth, educators exploring moral development, or professionals working in ethics-driven fields, this work delivers both practical and philosophical insight. As society navigates cultural divides, moral ambiguity, and global challenges, the book provides a timely invitation to reflect deeply and act consciously.



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